

Parsnip Mash

Head Chef James has created a hearty and delicious menu for you to enjoy. Delivered fresh to your door. Dishes can be oven or microwave cooked when required. You can order a weeks worth of meals, or a day by day delivery of meals and essentials.

HOW TO ORDER

Please visit www.parsnipmash.co.uk/suppliers/daily-deliveries to place your order or call 0117 9031455

Payment will be taken over the phone prior to delivery
Delivery options can be discussed when taking payment

£8.00 per person or £28.00 per 4 persons
Daily dishes

Beef stew and dumpling*
Pork belly, scrumpy cider, mushrooms (gf)*
Garden vegetable and bean hotpot (ve, gf)
Roasted vegetable lasagne
Chef's Dish of the Day*
Green Thai Chicken curry*
Pan fried Cod, tarragon cream sauce
includes Chef's artisan bread & butter

*Items arrive frozen
Non-frozen meals can be refrigerated for up to 3 days

Desserts

Bakewell tart
Vegan chocolate loaf cake
Apple Pie
Chocolate fondant
Lemon Meringue cheesecake
Lemon Tart
Pecan Pie

7 day care package

order for yourself or send to a loved one/neighbour

Includes 7 meals and desserts

£50

Wednesday Night curry night

2 person £30.00

Essential add on items

**artisan bread, milk, butter, cheese,
wine and chocolates**

Please inform us of any dietary requirements and we will adapt or substitute the dishes.

Love, The Parsnips x

